



CHEF+TEACHER CAT CLARKE plant+grow+learn DIFFICULTY:

Easy (Adult supervision)

SERVES:

12 slices

SEASON:

All year round

PREP TIME:

15 minutes

COOKING TIME:

SUBSTITUTES:

25 minutes

You can replace the pear for apples, or you can add both plus rhu-

barb.



Chopping board

Peeler

corer

Measuring spoons

Measuring cups

Medium saucepan

Mixing bowl

Oven 180 dea

11t baking dish (or small ramekins)

# INGREDIENTS:

## Filling

5 pears

1/2 tsp ground cinnamon 100gm golden syrup

1 tsp lemon juice

### Crumble

225gm plain flour 150gm caster sugar 100gm rolled oats

200gm butter, melted



# METHOD:

- Grab your adult or big person, tie your hair up or wear a hat and tuck your hair in. put an apron on and wash your hands.
- Grab all of your ingredients and equipment and turn the oven on to 180 deg.
- Peel and chop your pears. Take out the cores. Put the pears into a saucepan. Stir in cinnamon, golden syrup, lemon juice and cook for 5 minutes. Until soft. Or, if your pears are already cooked, add the flavours to the pears.
- Once cooked add your pears to the baking dish.
- Crumble: Put the flour, sugar and oats into a bowl and stir to combine. Pour the butter in and stir until combined. Sprinkle the mixture over the pears and bake in the oven for 30-40 minutes (depending on dish size) cook until golden on top.
- Serve with heaps of ice-cream or custard. Or both.
- Well done super junior chef.

